



## ALTON RECREATION SOCCER PROGRAM

### 2016 REGISTRATION FORM ~ Grades 1-6

Registration Fee: \$30 before 8/1, \$50 after 8/1 - Payable to Town of Alton

Alton Parks and Recreation, P.O. Box 659, Alton, NH 03809

Phone: 875-0109 ♦ Fax: 875-0242 ♦ E-mail: parksrec@alton.nh.gov



### Player Information

Player's Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_ Please circle team grade: **1+2** **3+4** **5+6**

Please circle shirt size: YS YM YL AS AM AL XL Grade Entering: \_\_\_\_\_

### Parent or Legal Guardian Information

Mother's Name \_\_\_\_\_ Home Phone \_\_\_\_\_ Work/Cell \_\_\_\_\_

Father's Name \_\_\_\_\_ Home Phone \_\_\_\_\_ Work/Cell \_\_\_\_\_

Contact email address \_\_\_\_\_

Person to notify in emergency \_\_\_\_\_ Telephone \_\_\_\_\_

Doctor to notify in emergency \_\_\_\_\_ Telephone \_\_\_\_\_

**\*\*Please list allergies/limitations/medications:** \_\_\_\_\_

\_\_\_\_\_

### WAIVER AND RELEASE OF LIABILITY

Participation in the Soccer Program may involve risk of injury including, but not limited to, sprains, bruises, torn muscles, broken bones, eye and head injuries. The program also involves traveling to other towns to play games. As a parent or guardian, I attest and verify that I have full knowledge of the risks involved and that my child is physically fit to participate in the Soccer Program. I hereby for myself, my heirs, executors and administrators, waive and release all rights and claims against the Town of Alton, its officers, agents, employees and volunteers, except in the case of their sole negligence, from all losses, injury, damages, fees and other expenses arising out of or in connection with participation in the Soccer Program. In addition, I give permission for my child to be treated by qualified medical personnel in the event that I cannot be reached at the phone numbers provided.

Name of Parent or Legal Guardian (please print) \_\_\_\_\_

**X** Signature \_\_\_\_\_ Date Signed \_\_\_\_\_

### Parental Volunteer Support!

**Your help is needed to make the program work. Please consider being a volunteer.**

Training will be provided to all positions. Even if you do not know anything about soccer, but are supportive and patient with children, you can help. We will show you how to coordinate a practice, fun drills to play, positioning players for games, and basic soccer skills.

\_\_\_\_\_ **Coach** - coordinate practice, demonstrate skills, encourage players

\_\_\_\_\_ **Assistant** - demonstrate skills and encourage, motivate and have fun with players



# RECREATION SOCCER PROGRAM

Alton Parks and Recreation: *Creating Community Through People, Parks and Programs*

**Phone: 875-0109 ♦ Season Schedule: August 27-October 29, 2016**

**Practices: Jones Field ♦ Games: New Durham and Wakefield Fields**

## BENEFITS OF RECREATIONAL PLAY AND BEING ON A TEAM:

- Learning life skills • Exercising • Building stronger minds and bodies
- Meeting new friends • Developing problem solving skills • Being Happy
- Getting off the couch • Family bonding • Making forever memories
- Having Fun • Developing Self-Esteem • Laughing • Being a Kid

**Grade 1+2: Co-Ed Team** - Instructional play with the following components: drills, fundamental skills, throw-ins, positioning, cooperative games and passing. Focus on fun and teamwork. One 60-minute practice a week and a game on Saturdays. Players will travel to New Durham and Wakefield for games.

**Grade 3+4: Boys or Girls** - Instructional play with the following components: drills, skill development, dribbling, passing, conditioning, positioning, game rules and team scrimmages. Focus on fun and teamwork. One 60-minute practice a week and a game on Saturdays. Players will travel to New Durham and Wakefield for games.

**Grade 5+6: Boys or Girls** - Instructional play with the following components: drills, skill development, dribbling, passing, shooting, goal tending, conditioning, positioning, and team scrimmages. Focus on skills, fun and teamwork. One to two 60-minute practices a week and a game on Saturdays. Players will travel to New Durham and Wakefield for games.



### General Information:

To register, please fill out the registration form on the opposite side of this paper and return form with payment to Alton Parks and Recreation Department. A 24-hour drop slot is available at A.V.A.S. Public Park, or mail to P. O. Box 659, Alton, NH 03809. Registration fee is \$30.00 before August 1, 2016, payable to Town of Alton. After August 1, 2016, fee is \$50.00, space permitting.

### Equipment Needed:

Players will need a soccer ball, shin guards, black shorts, black socks, and a water bottle. Cleats are recommended. We have cleats in good condition at our office; stop by and check them out. Mouth guards are recommended, and safety glasses or glass guards if your child wears glasses. All coaches and parents will be issued a code of ethics document and will be asked to read and administer them throughout the season.