

Alton Parks and Recreation Community Connection

Alton Egg Hunt

The Alton Parks and Recreation Department and the Gilman Library are sponsoring a community event for ages 0-10 years old on Saturday, April 4 at the Gilman Library. Join the fun as we hunt for colorful plastic eggs hidden throughout the Library, then make a ladybug or butterfly craft to take home. A special guest is also planning to be there for selfies, and family photos so plan to bring your camera. Bring a container to collect your eggs in and arrive at the following times: Ages infant to 4 years- 9:00a.m. start time for Egg Hunt- craft to follow; Ages 5-10- 10:00a.m.-start time for Egg Hunt- craft to follow. The event is free to Alton residents. Parking is on Main Street and B&M Park. Please use the rear entrance of the Library to enter for the event. For more information contact Alton Parks and Recreation at 603-875-0109, parksrec-asst@alton.nh.gov.

Lean Into Edible Gardening- Baby Steps to Growing Your Own Food

Alton Parks and Recreation and Friends of the Gilman Library are sponsoring a Lean into Edible Gardening class on Wednesday, March 11 from 6:30p.m.-8:00p.m. at the Gilman Library, Agnes Thompson Meeting Room, \$20pp. Join Lisa Hynes, Gardenary Certified Consultant and Kitchen Garden Coach for an introduction to the different ways to incorporate vegetables, herbs, flowers and fruit into new and existing flower and vegetable gardens. Learn about companion planting, herb gardens, edible flowers, ornamental vegetables and receive recommendations for sourcing plants, containers, soil, seeds, etc. Register at the Parks and Recreation Department by March 5. For more information contact parksrec-asst@alton.nh.gov or call 603-875-0109.

Guided Meditation

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring Guided Meditation with Karen Kharitonov on Thursdays- March 5, and March 19 from 6:30p.m.-7:15p.m. at the Gilman Library, Agnes Thompson Meeting Room. Meditation is helpful for reducing stress and slowing our bodies down to breathe. The program is free, donations accepted to benefit the food pantry. For more information contact Alton Parks and Recreation at parksrec@alton.nh.gov or 603-875-0109.

USTA Spring Tennis Lessons- Adults

The Alton Parks and Recreation Department is sponsoring Tennis in the Parks for adults on Wednesdays at the Liberty Tree Park Tennis Courts from May 6-June 10 from 6:00p.m.-7:30p.m. Registration is \$75, includes instruction with a USTA New England certified instructor. Basic tennis skills will be taught: forehand, backhand, serve, overhand and volley. Register by April 17, class size is limited to 7. Registration forms are available at www.alton.nh.gov or stop by the Parks and Recreation Kiosk at 328 Main Street to sign up. Contact parksrec@alton.nh.gov or 603-875-0109 for more information.

Weight Training Classes- Mondays and Wednesdays

The Alton Parks and Recreation Department is sponsoring Weight Training Classes on Mondays and Wednesdays, with AFAA Certified Instructor Kellie Troendle, from 1:30p.m.-2:30p.m. at the Gilman Library for adults of all ages and abilities. This program is ongoing. Build strong muscles and bones, increase flexibility and develop better balance. Bring light hand weights, a mat and water. For more information, contact parksrec@alton.nh.gov or 603-875-0109. Try a class for free. \$20 per month/session or \$5 drop in.

Pilates Classes in Alton Bay- Tuesdays and Thursdays

The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30a.m.-10:30a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/register contact Donna at breathepilates1@yahoo.com or parksrec@alton.nh.gov.

Dungeons and Dragons

Alton Parks and Recreation is sponsoring a weekly Dungeons and Dragons adventure on Wednesdays at the Alton Bay Community Center from 6:00p.m.-8:00p.m. The program is free for ages 18+. Sign up at parksrec-asst@alton.nh.gov or 603-875-0109 to secure your game slot. Join in the fun with friends or plan on meeting new people.

Travel Club- Trip to Scotland, Wales and England- October 2026

Alton Parks and Recreation is sponsoring a trip with Collette Tours to Scotland, Wales and England October 25-November 3, 2026. There is also an option for a 3-night Paris post tour extension. The trip highlights include Edinburgh Castle; York Minster; Chester; Conwy Castle; Stratford-upon-Avon; Traditional Afternoon Tea; London and much more. Includes airfare, 12 meals, hotels and transportation to and from Alton. This is a great way to travel solo or with friends. A knowledgeable guide leads the entire trip. An information session will be held March 23, 2026 at 11:00a.m. at the Gilman Library. RSVP to attend the session at 603-875-0109 or parksrec-asst@alton.nh.gov.