

Alton Parks and Recreation Community Connection

Alton Egg Hunt

The Alton Parks and Recreation Department and the Gilman Library are sponsoring a community event for ages 0-10 years old on Saturday, April 4 at the Gilman Library. Join the fun as we hunt for colorful plastic eggs hidden throughout the Library, then make a ladybug or butterfly craft to take home. A special guest is also planning to be there for selfies, and family photos so plan to bring your camera. Bring a container to collect your eggs in and arrive at the following times: Ages infant to 4 years- 9:00a.m. start time for Egg Hunt- craft to follow; Ages 5-10- 10:00a.m.-start time for Egg Hunt- craft to follow. The event is free to Alton residents. Parking is on Main Street and B&M Park. Please use the rear entrance of the Library to enter for the event. For more information contact Alton Parks and Recreation at 603-875-0109, parksrec-asst@alton.nh.gov.

Indoor Growing with Microgreens- Nutritious Food in a Small Space

The Alton Parks and Recreation Department is sponsoring a gardening class with Lisa Hynes, Gardenary Certified Consultant and Kitchen Garden Coach on Saturday, March 21 from 1:00p.m.-2:30p.m. at the Alton Bay Community Center, \$35pp+ \$15 materials fee. Join us to discover how to cultivate nourishing food indoors, even during the winter months. Learn about various microgreens and how to grow them using trays, soil and seeds. Cultivate up to four types in a 10"x10" tray to take home with instructions. Register at the Parks and Recreation Department by March 16. For more information and to register contact parksrec-asst@alton.nh.gov or call 603-875-0109.

Guided Meditation

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring Guided Meditation with Karen Kharitonov on Thursday March 19 from 6:30p.m.-7:15p.m. at the Gilman Library, Agnes Thompson Meeting Room. Meditation is helpful for reducing stress and slowing our bodies down to breathe. The program is free, donations accepted to benefit the food pantry. For more information contact Alton Parks and Recreation at parksrec@alton.nh.gov or 603-875-0109.

Alton Town Wide Yard Sale

The Alton Parks and Recreation Department is sponsoring its Annual Town Wide Yard Sale on Saturday, June 6, 2026, rain or shine from 8:00a.m.-2:00p.m. If you would like to participate by having a Yard Sale at your house contact the Parks and Recreation Department at 603-875-0109 or parksrec-asst@alton.nh.gov before May 18, 2026 with your Yard Sale address location. When signing up please include your name, phone number and complete physical address. Free Yard Sale maps will be available after May 27, 2026.

USTA Spring Tennis Lessons- Adults

The Alton Parks and Recreation Department is sponsoring Tennis in the Parks for adults on Wednesdays at the Liberty Tree Park Tennis Courts from May 6-June 10 from 6:00p.m.-7:30p.m. Registration is \$75, includes instruction with a USTA New England certified instructor. Basic tennis skills will be taught: forehand, backhand, serve, overhand and volley. Register by April 17, class size is limited to 7. Registration forms are available at www.alton.nh.gov or stop by the Parks and Recreation Kiosk at 328 Main Street to sign up. Contact parksrec@alton.nh.gov or 603-875-0109 for more information.

Weight Training Classes- Mondays and Wednesdays

The Alton Parks and Recreation Department is sponsoring Weight Training Classes on Mondays and Wednesdays, with AFAA Certified Instructor Kellie Troendle, from 1:30p.m.-2:30p.m. at the Gilman Library for adults of all ages and abilities. This program is ongoing. Build strong muscles and bones, increase flexibility and develop better balance. Bring light hand weights, a mat and water. For more information, contact parksrec@alton.nh.gov or 603-875-0109. Try a class for free. \$20 per month/session or \$5 drop in.

Pilates Classes in Alton Bay- Tuesdays and Thursdays

The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30a.m.-10:30a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/register contact Donna at breathepilates1@yahoo.com or parksrec@alton.nh.gov.

Dungeons and Dragons

Alton Parks and Recreation is sponsoring a weekly Dungeons and Dragons adventure on Wednesdays at the Alton Bay Community Center from 6:00p.m.-8:00p.m. The program is free for ages 18+. Sign up at parksrec-asst@alton.nh.gov or 603-875-0109 to secure your game slot. Join in the fun with friends or plan on meeting new people.

Alton Parks and Recreation- Let's Play Basketball Program

The Alton Parks and Recreation Department sponsored a free basketball program this winter for grades K-3 where everyone was invited to play basketball. The program was a success with children learning, playing and having fun. The Parks and Recreation Department would like to acknowledge and thank the people that made the Let's Play Basketball Program possible. A huge thank you to the generous sponsors who provided T-shirts, basketball equipment and drill stations: The Boys Landscaping; Alton Excavation; JHVAC Heating, Ventilation and Air Conditioning; RBGx2 Trucking and Construction, and Karen's Shirt Barn. Thank you to the helping parent volunteers who shared their love of basketball with the players and a special thank you to head coaches Erick, Andrea and Kathy Bourdeau.