

Alton Parks and Recreation Community Connection

Learn To Play Pickleball for ages 18+ Free Clinic

Alton Parks and Recreation is sponsoring a free Pickleball Clinic led by certified Pickleball coach, Richard Powers, on Saturday, May 16 from 10:00a.m.-11:30a.m. at the Liberty Tree Park Courts located on Rte. 140 for ages 18 and up. Are you interested in learning the fundamentals of Pickleball? Register now for a chance to learn all the tips and tricks. Space is limited, bring a paddle and water. Deadline to register is May 13. Contact Alton Parks and Recreation at 603-875-0109 or parksrec-asst@alton.nh.gov to register.

Bucket Drumming- Jam Session

The Alton Parks and Recreation Department is sponsoring a free Bucket Drumming Jam Session with Sam Twining on Monday, April 27 at the Gilman Library from 1:00p.m.-2:00p.m. All ages and abilities are welcome. Bring your own bucket and enter the library using the lower-level rear entrance door. Drumming sticks will be provided. Stop by and join in the fun during school vacation week and learn a little bit about drumming and music. RSVP by April 22 at 603-875-0109 or parksrec-asst@alton.nh.gov.

Hit the Trail!- Hiking Programs offered for all levels

Join hiker, Bonnie Dodge, for beginner focused hikes on Fridays or progressive hikes on Wednesdays starting in May. Hikes start at 10:00a.m. at the trail head in Alton and surrounding Towns.

Beginner Friday hikes are a great opportunity for hesitant folks to discover the wonderful world of hiking and learn about the best trails in the area- the program is focused on hikes for beginners. Sign up at parksrec-asst@alton.nh.gov or 603-875-0109 the Wednesday before the hike day.

Progressive Wednesday hikes are for those that are looking for a hiking challenge. The hikes will gradually increase in difficulty each week- making this a great way to be outside and exercise. Sign up at parksrec-asst@alton.nh.gov or 603-875-0109 the Monday before the hike day.

Alton Town Wide Yard Sale

The Alton Parks and Recreation Department is sponsoring its Annual Town Wide Yard Sale on Saturday, June 6, 2026, rain or shine from 8:00a.m.-2:00p.m. If you would like to participate by having a Yard Sale at your house contact the Parks and Recreation Department at 603-875-0109 or parksrec-asst@alton.nh.gov before May 18, 2026 with your Yard Sale address location.

When signing up please include your name, phone number and complete physical address. Free Yard Sale maps will be available after May 27, 2026.

Alton Tennis Courts are open for season

The Town Tennis Courts at Liberty Tree Park are now open for the season. Courts are located behind 65 Frank C. Gilman Highway. Parking is across the street next to Mill Pond and by the Water Department. Courts are reserved for organized Pickleball on Mondays, Wednesdays, Fridays and Sundays from 8:00a.m.-11:00a.m and pick up Pickleball on Tuesdays and Thursdays from 8:00a.m.-12:00p.m. If you are interested in playing Pickleball, join the group on Tuesdays and Thursdays using this link <https://www.signupgenius.com/go/8050D4FA8AF2CA5F85-54716680-pickup#/>; beginners are welcome, bring your own equipment.

Pilates Classes in Alton Bay- Tuesdays and Thursdays

The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30a.m.-10:30a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/register contact Donna at breathepilates1@yahoo.com or parksrec@alton.nh.gov.

Guided Meditation

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring Guided Meditation with Karen Kharitonov on Thursdays May 7 and May 21 from 6:30p.m.-7:15p.m. at the Gilman Library, Agnes Thompson Meeting Room. Meditation is helpful for reducing stress and slowing our bodies down to breathe. The program is free, donations accepted to benefit the food pantry. For more information contact Alton Parks and Recreation at parksrec@alton.nh.gov or 603-875-0109.

Dungeons and Dragons

Alton Parks and Recreation is sponsoring a weekly Dungeons and Dragons adventure on Wednesdays at the Alton Bay Community Center from 6:00p.m.-8:00p.m. The program is free for ages 18+. Sign up at parksrec-asst@alton.nh.gov or 603-875-0109 to secure your game slot. Join in the fun with friends or plan on meeting new people.

Save the Date- Travel Club Trip Cowboy Country- Mt. Rushmore, Yellowstone National Park and more in 2027

The Alton Parks and Recreation Department is sponsoring a trip with Collette Tours in 2027 to Cowboy Country. Trip highlights include Grand Teton National Park; Badlands National Park; Crazy Horse Memorial; Mt. Rushmore and much more. The trip includes a visit to Yellowstone

National Park which is famous for its geysers, hot springs and herds of bison. Witness the impressive Old Faithful, travel over the Sylvan Pass and see Yellowstone Lake. Trip dates are June 8-15, 2027 and includes airport transportation from Alton, airfare, 10 meals, hotels, and guided transportation through Cowboy Country, including walking, bus, and covered wagon tours.

The Travel Club trips are a great way to travel in a group and with a knowledgeable guide. An informational session with trip details will be held on September 21, 2026 at 11:00a.m. at the Gilman Library. RSVP to attend the session-603-875-0109 or parksrec-asst@alton.nh.gov.