

Alton Parks and Recreation Community Connection

Celebrate Earth Day- April 22

The Alton Parks and Recreation Department is celebrating Earth Day with a community park clean up on Wednesday, April 22 from 10:00a.m.-12:00p.m. at Liberty Tree Park located on Rte. 140. Help beautify the Town park by picking up litter, sticks, sweeping debris off playing courts and more. One person can make a big difference. All are welcome. Bring gloves and water to drink. For more information contact 603-875-0109 or parksrec-asst@alton.nh.gov.

Start Your Own Edible Garden Seedlings- Warm Season Seedlings

The Alton Parks and Recreation Department is sponsoring a gardening class with Lisa Hynes, Gardenary Certified Consultant and Kitchen Garden Coach on Saturday, April 18 from 1:00p.m.-2:30p.m. at the Alton Bay Community Center, \$35pp+ \$20 materials fee. Lisa will give a lesson on Seed Starting 101, with instructions on setting up a seedling tray. Plant a 10"x20" tray of warm season seeds- tomatoes, basil, kale, Swiss Chard, calendula, etc. Receive instructions on how to get the baby seedlings off to a good start and growing well indoors for the next 4-6 weeks, as well as hardening the seedlings to plant outdoors at the right time. Register at the Parks and Recreation Department by April 13. For more information and to register contact parksrec-asst@alton.nh.gov or call 603-875-0109.

Hit the Trail!- Hiking Programs offered for all levels

Join hiker, Bonnie Dodge, for beginner focused hikes on Fridays starting April 10 or progressive hikes on Wednesdays starting April 15. Hikes start at 10:00a.m. at the trail head in Alton and surrounding Towns.

Beginner Friday hikes are a great opportunity for hesitant folks to discover the wonderful world of hiking and learn about the best trails in the area- the program is focused on hikes for beginners. Sign up at parksrec-asst@alton.nh.gov or 603-875-0109 the Wednesday before the hike day.

Progressive Wednesday hikes are for those that are looking for a hiking challenge. The hikes will gradually increase in difficulty each week- making this a great way to be outside and exercise. Sign up at parksrec-asst@alton.nh.gov or 603-875-0109 the Monday before the hike day.

Bucket Drumming- Jam Session

The Alton Parks and Recreation Department is sponsoring a free Bucket Drumming Jam Session with Sam Twining on Monday, April 27 at the Gilman Library from 1:00p.m.-2:00p.m. All ages and abilities are welcome. Bring your own bucket and enter the Library using the lower-level rear entrance door. Drumming sticks will be provided. Stop by and join in the fun during school

vacation week and learn a little bit about drumming and music. RSVP by April 22 at 603-875-0109 or parksrec-asst@alton.nh.gov.

Alton Town Wide Yard Sale

The Alton Parks and Recreation Department is sponsoring its Annual Town Wide Yard Sale on Saturday, June 6, 2026, rain or shine from 8:00a.m.-2:00p.m. If you would like to participate by having a Yard Sale at your house contact the Parks and Recreation Department at 603-875-0109 or parksrec-asst@alton.nh.gov before May 18, 2026 with your Yard Sale address location. When signing up please include your name, phone number and complete physical address. Free Yard Sale maps will be available after May 27, 2026.

Alton Tennis Courts are open for season

The Town Tennis Courts at Liberty Tree Park are now open for the season. Courts are located behind 65 Frank C. Gilman Highway. Parking is across the street next to Mill Pond and by the Water Department. Courts are reserved for organized Pickleball on Mondays, Wednesdays, Fridays and Sundays from 8:00a.m.-11:00a.m and pick up Pickleball on Tuesdays and Thursdays from 8:00a.m.-12:00p.m. If you are interested in playing Pickleball, join the group on Tuesdays and Thursdays-at this link: <https://www.signupgenius.com/go/8050D4FA8AF2CA5F85-54716680-pickup#/>; beginners are welcome, bring your own equipment.

USTA Spring Tennis Lessons- Adults

The Alton Parks and Recreation Department is sponsoring Tennis in the Parks for adults on Wednesdays at the Liberty Tree Park Tennis Courts from May 6-June 10 from 6:00p.m.-7:30p.m. Registration is \$75, includes instruction with a USTA New England certified instructor. Basic tennis skills will be taught: forehand, backhand, serve, overhand and volley. Register by April 17, class size is limited to 7. Registration forms are available at www.alton.nh.gov or stop by the Parks and Recreation Kiosk at 328 Main Street to sign up. Contact parksrec@alton.nh.gov or 603-875-0109 for more information.

Pilates Classes in Alton Bay- Tuesdays and Thursdays

The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30a.m.-10:30a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/register contact Donna at breathepilates1@yahoo.com or parksrec@alton.nh.gov.

Guided Meditation

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring Guided Meditation with Karen Kharitonov on Thursdays April 16, May 7 and May 21 from 6:30p.m.-7:15p.m. at the Gilman Library, Agnes Thompson Meeting Room. Meditation is

helpful for reducing stress and slowing our bodies down to breathe. The program is free, donations accepted to benefit the food pantry. For more information contact Alton Parks and Recreation at parksrec@alton.nh.gov or 603-875-0109.

Dungeons and Dragons

Alton Parks and Recreation is sponsoring a weekly Dungeons and Dragons adventure on Wednesdays at the Alton Bay Community Center from 6:00p.m.-8:00p.m. The program is free for ages 18+. Sign up at parksrec-asst@alton.nh.gov or 603-875-0109 to secure your game slot. Join in the fun with friends or plan on meeting new people.

Alton Parks and Recreation Department Podcasts

For people that want a quick summary of the programs, events and activities going on at the Parks and Recreation Department, check out the Alton Parks and Recreation Department “Community Connection” podcasts which are available on the Town of Alton website: www.alton.nh.gov under Parks and Recreation.